MARCH 2020 - Menus



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Grades K-5 Breakfast (PREP Sites)

MENUS ARE SUBJECT TO CHANGE

| 3-2 | 3-3 | 3-4 | 3-5 | 3-6 |
|---|---|--|---|--|
| Deluxe Cereal Bowl – V, S Fruit – S | Turkey Ham & Cheese on Hawaiian Roll Fruit- S | French Toast Trio – V Fruit – S | Beef Sausage Pancake Sandwich Fruit- S | Fiesta Bean & Cheese Burrito – V Fruit– S |
| Fruit Juice Got Milk | Fruit Juice Got Milk | Fruit Juice Got Milk | Fruit Juice Got Milk | Fruit Juice Got Milk |
| Cinnamon Pan Dulce - V, S Fruit - S Fruit Juice Got Milk | 3-10 Italian Cheese Pocket - V Fruit - S Fruit Juice Got Milk | 3-11 Café LA Coffee Cake – V, S Fruit – S Fruit Juice Got Milk | 3-12 Morning Beef Sausage Sandwich Fruit - \$ Fruit Juice Got Milk | 3-13 Mini French Toast Bites - V Fruit - S Fruit Juice Got Milk |
| 3-16 ** Deluxe Cereal Bowl Fruit- \$ Fruit Juice Got Milk | 3-17 Turkey Ham & Cheese on Hawaiian Roll Fruit – \$ Fruit Juice Got Milk | 3-18 French Toast Trio – V Fruit – S Fruit Juice Got Milk | 3-19 Beef Sausage Pancake Sandwich Fruit- S Fruit Juice Got Milk | 3-20 Fiesta Bean & Cheese Burrito – V Fruit – S Fruit Juice Got Milk |
| Chocolate Crescent – V Fruit – S Fruit Juice Got Milk | 3-24 Italian Cheese Pocket – V Fruit – S Fruit Juice Got Milk | 3-25 Café LA Coffee Cake – V, S Fruit – S Fruit Juice Got Milk | 3-26 Morning Beef Sausage Sandwich Fruit - \$ Fruit Juice Got Milk | 3-27 Blueberry Pancake Mini Bites – V Fruit – S Fruit Juice Got Milk |
| 3-30 Deluxe Cereal Bowl – V, S Fruit - S Fruit Juice Got Milk | 3-31 Turkey Ham & Cheese on Hawaiian Roll Fruit – \$ Fruit Juice Got Milk | | | |

All of the Grain/Bread items served are Whole Grain Rich.

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

S: Items with an (**S**) can be saved for later **V**: Vegetarian items

Posted 02/26/20

Visit us @ http://achieve.lausd.net/cafela

For more information call (213) 241-6422

^{**} Deluxe Cereal Bowl Option (Shredded Wheat Blueberry Cereal) product contains gelatin derived from Pork.